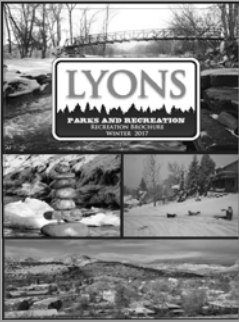


Town of Lyons Parks,
Recreation & Cultural
Events Department
P.O. Box 49
Lyons, CO 80540
303-823-8250



To access the
Town of Lyons
full recreation
brochure please visit
www.townoflyons.com

Upcoming Events:

Active Adult Fitness
Wednesdays
Walt Self Building

Active Adult Book Club
Thursdays
Walt Self Building

Valentine's Dance
February 4, 2017
LES Gym

Old Man Winter
February 12, 2017
Sandstone Park

Town Hall Closed
February 20th

**Monthly Birthday
Celebration**
February 24th
Walt Self Building

For more event and
programs please visit
www.townoflyons.com.



Old Man Winter

Oskar Blues' Old Man Winter Bike Rally and Run returns to Sandstone Park on February 12, 2017. The third annual Old Man Winter Bike Rally and Run, is an epic winter celebration of dirt, snow, sweat, and beer that has won Elevation Outdoors Award for 'Best Race in the Rockies.'

Here are the 3 things that the Old Man Winter Rally did to win in a crowded market of running and cycling events: **The courses are on mixed terrain with gravel roads, paved canyons, and snowy singletrack trails, there is more cash and prizes than almost any other event of its kind and the event has a custom beer and drinking it raises funds to build new trails and give bikes to "bikeless" kids.**

Registration or to view streets that will be impacted visit: <http://www.oldmanwinterrally.com>

'Be My Valentine' Parent/Child Dance



The Town of Lyons is excited to transform the elementary school gymnasium into a beautiful ballroom and offer an opportunity for a parent to have a special evening with their child. This dance is open to a parents and children ages 1 to 12. Each pair will receive a photo, refreshments and a gift bag. The DJ will keep you moving and grooving to the music! To register, go to www.townoflyons.com.

Age: An Adult and child Ages 1-12
Fee: \$30 per couple
Additional \$15 per child
Location: Lyons Elementary Gym
Day: Saturday, February 4th
Time: 6:00-8:00 PM
Deadline to Register: January 27th

American Red Cross Babysitter's Training

The American Red Cross Babysitter's Training course is fun and fast-paced with hands-on activities, exciting video, role-plays and lively discussions. Youth ages 11 to 15 learn child-care, basic first aid, leadership and communication skills. Upon completion, participants will receive a certificate of completion. Please bring lunch, snacks and water.

Age: 11-15
Fee: \$55
Dates: Saturday March 4th
Time: 9:00 AM - 4:00PM
Location: Walt Self Building BASEMENT
(Entrance at back of the building)
Instructor: Lori LeGault
Size: Minimum 5/ Maximum 8
Deadline to Register: February 24th

Tiny Tots Activities

Baby it's cold outside....lets gather indoors for some fun toddler time all winter! This is an opportunity for toddlers to engage in some slightly structured play time. We will do some movement play, arts and crafts, sensory activities, and lots of other fun activities. A parent or guardian must attend with the toddler. It is helpful if you can sign up at least by the previous Thursday so we can prepare, but drop-ins are allowed.

Age: Toddlers
Fee: \$5 per class
Day: Mondays; Feb 6-group
movement and a Valentine's craft
and sensory bins
Time: 10:30-11:30 AM
Location: Walt Self Building downstairs
Instructor: Lori LeGault and other helpers

**American Red Cross First Aid/CPR
Certification Child/Infant**

The American Red Cross First Aid/CPR class is for youth who want to **only** learn the skills necessary for First Aid and Child/Pediatric CPR Certification. We will watch videos, have hands on activities and practice on mannequins. Bring lunch, snacks and water.

Age: 11-15
Fee: \$40
Dates: Sunday March 5th
Time: 9:00 AM-1:30 PM
Location: Walt Self Building BASEMENT
(Entrance at back of the building)
Instructor: Lori LeGault
Size: Minimum 5/ Maximum 8
Deadline to Register: February 24th

Open Basketball

Indoor Basketball is available this year at the Lyons Elementary School Gymnasium as a drop in.

Age: 18+
Fee: \$ 5 per drop in
Dates: Every Thursday
September 1- March 23
No Use Dec 22, 29, March 30
Time: 8- 9:30pm
Location: Lyons Elementary Gym

Hunter Education

Volunteers from the State of Colorado Division of Wildlife will be teaching a hunter education course. In Colorado, anyone born after January 1, 1949 is required to take a 15-hour course. Hunter Education certificates are valid in all states and are good for life (unless laws are violated). Areas to be touched on during the course include: survival, ethics, conservation, wildlife management, the law, field care of game, game identification, and the philosophy of hunting. To sign up for the course please call 303-823-8250 and leave a message with all names of those who will be attending and contact information.

Age: 7 and older
Fee: \$10 per student
Dates: Saturday February 25th(8 am-5 pm) and
Sunday February 26th (9 am-3 pm)
Location: Walt Self Building
Instructor: Mike Hora
Class Size: 10 Minimum/ 40 Maximum

Girls Softball

Registration for recreational summer league youth softball will be offered by the Town of Lyons Parks and Recreation Department through the Indian Peaks Girls Softball Association for Lyons girls ages 5-18 this year. Anyone interested may register until the March 19th registration deadline. Registration is available at rec.ci.longmont.co.us/ (Please specify that you want to be on a Lyons team). Registration costs range from \$80 to \$112 this year depending on age group.

Bohn Park Flood Recovery Project

At the December 21, 2016 special Board of Trustees meeting, the Board approved a contract with DeFalco Construction, to move forward with restoration and improvements to Bohn Park.

This phase of Bohn Park Flood Recovery includes river restoration and improved ecological habitat, parking, a new restroom facility, a pedestrian bridge connecting to 4th Ave., continuance of the trail system within the plan area, and other infrastructure enhancements. Construction began in January 2017, and is anticipated to be complete in late summer.

To view a map of the project and construction area visit <http://www.townoflyons.com/350/Bohn-Park>

Lyons Kids Kayaking Kicks Off at Centennial Pool

The Town of Lyons Department of Parks, Recreation & Cultural Events would like to invite Lyons youth and their parents to join them in Longmont at Centennial Pool to learn the basics of kayaking. The purpose of these open pool sessions is to prepare young kayakers for opportunities to participate in upcoming summer kayaking programs and learn basic kayaking skills in a comfortable environment. Sessions will be offered on Fridays starting January 13th- April 14th, 2017. Open Pool sessions will be held from 7:00pm-8:30pm at Centennial Pool in Longmont on the corner of Alpine and Mtn. View. There will be an ACA certified instructor on site. The cost is \$85 as long as participants register by January 13, 2017. Drop in rates will be \$10.00/ session. Participants must be skilled swimmers and parents must provide transportation to and from the site. The Department has a limited amount of equipment it will lease to students.

Age: 7-16
Fee: \$85.00
Dates: January 13, 2017-April 14, 2017
Time: 7:00 PM-8:30 PM
Instructor: ACA Certified Instructor
Size: Minimum 5/ Maximum 15
Deadline to Register: January 13, 2017

BASEBALL REGISTRATIONS

Just around the corner registration for recreational summer league youth baseball will be offered through the Longmont Baseball League (LBL) for Lyons boys ages 6-18 this year. Anyone interested must register with the LBL and their staff will do all they can to create teams that consist of all Lyons players. This will allow Lyons kids to practice together on the same team here in Lyons with Lyons coaches. If a full roster is not filled in a given age group with all Lyons players, then children closest in proximity to Lyons will be used to fill the roster. All games will be played in Longmont this year. Anyone interested in registering their child, coaching for a Lyons team, sponsoring a Lyons team, or learning more about the Longmont Baseball League may go to LBL website at www.Longmontbaseball.org.

Snowshoe Tour and Nature Experience

Enjoy the beauty of traveling over freshly fallen snow with views of the Rocky Mountains and sounds of the cascading St Vrain River on this Naturalist-led Snowshoe tour. Bring your lunch to enjoy a post-activity picnic. (Free hot drinks included and indoor seating available).

Age: 50+
Fee: \$30 each session
Snow Shoe Rental (optional) \$10
Dates: Wed., February 15th.
and Wed. March 15th
Times: 10:30AM to 12:30 PM
Location: Peaceful Valley Resort and Conference Center
Instructor: Brad Childs, Naturalist and
Executive Director of The Wilderness Institute
Deadline to Register: One week prior