

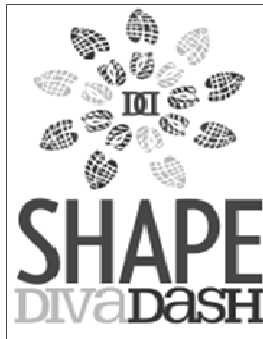
Town of Lyons
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 Town of Lyons
 on Facebook! 



LYONS residents get amazing 50% off the SHAPE Diva Dash

The Diva Dash women's obstacle run is the first big event to return to Bohn Park, and we are ready for some fun! The 3 mile course is dotted with a dozen obstacles that test speed, strength, and balance. Sprint, run, jog or crawl to the finish; regardless how you get there, you'll have a blast at this celebration of girl-power, boas and bling. Register at www.divadash.com and save 50% when you use code AXGOLYONS This event support Town of Lyons flood relief efforts.



Lyons, CO - When the SHAPE Diva Dash women's obstacle run returns to Lyons on May 10, "The community will be ready for the excitement of it's first big event after the flood," says Dave Cosgrove, Director of Parks, Recreation, and Cultural Events for the Town of Lyons. "We are very ready to move forward with the rebuilding of our community"

Organizers of the SHAPE Diva Dash, one of the biggest women's obstacle run series in the country, are based in Boulder CO. "This is our hometown event and Lyons is like our backyard playground." , said Diva Dash founder, Josh Kravetz. We want to do everything we can to help Lyons recover and restore the parks and trails that Boulder County loves so much." The Adventure Fit crew that produces the event has reconfigured the course from last year and found creative solutions to avoid areas damaged by the flooding. They created a 3-mile loop with space for 12+ obstacles. The school and residential communities were supportive of the event and willing to collaborate with Adventure Fit to create a great route.

Upcoming Events:

Thursday Night Basketball
 Lyons Elementary
 8:30pm-10pm

Diva Dash
 Bohn Park
 May 10, 2014

Community 50+ Dinner
 Walt Self
 May 12, 2014

Community 50+ Dinner
 Walt Self
 May 19, 2014

Community 50+ Dinner
 Walt Self
 May 27, 2014

Lyons Outdoor Games
 Bohn Park
 May 31, 2014

Lyons Good Old Days
 Bohn Park
 June 28-29, 2014

2014 Lyons Outdoor Games



Lyons will hold the 13th Annual Lyons Outdoor Games & Oskar Blues' Burning Can Beer Festival on Saturday, May 31st as a fundraiser to support Parks & Rec Flood relief.

"One of the premier events on the Front Range, the Games showcase some the country's most exciting extreme sports, some of the country's finest canned beer, and this year, New Orleans musician Anders Osborne," said Parks & Rec Director Dave Cosgrove. "The Games are a Lyon's tradition. We have a long history of offering world-class opportunities to both expert and aspiring extreme athletes in kayaking, mountain biking, and slacklining, among others. The floods devastated our town, but not our adventurous spirit!"

The event will be held in unaffected portions of Bohn Park and will include the Outlaws of Dirt BMX series, a rugby tournament, limited pro kayaking events (slalom, freestyle, and BoaterX), plus a family friendly area, a bike area for kids, and for the first time, the 2014 Lyons Outdoor Games Slackline Jam presented by Gibbon Slacklines. New Orleans national touring act Anders Osborne will headline Saturday night's concert, and the Burning Can Beerfest will bring more than 50 national canning breweries to Lyons.

"With the lineup of events and music that we have, this will be the Town's finest Lyons Outdoor Games yet," Cosgrove said. "Lyons is thrilled to be able to offer one of its flagship events as it works through its recovery efforts. We are excited to invite visitors to join us as we celebrate the outdoors and our dynamic small town."

Please visit www.lyonsoutdoorgames.com for event info or to register.

Community 50+ Dinners

Dinners are Monday 5/5 compliments of the River Community Church, 5/12 compliments of Lyons Catholic Community, 5/19 compliments of Lyons Community Church and Tuesday 5/27 compliments of the LDS church. Dinners begin at 5:30 and are open to all Lyons residents ages 50+. Please call the Lyons Golden Gang to reserve your spot at 303-823-6771 or 720-371-2396.

Challenger Soccer Camp

The Town of Lyons is pleased to host Challenger Sports, providers of the USA's most popular soccer camp program. The camp will be held August 4th - August 8th, at the Bohn Park Multi-Purpose Field. The camp is available for ages 3-16. All camps feature the Challenger coaching staff, t-shirt, soccer ball, poster, individual skills evaluation. Visit the Town of Lyons website to register.

Flood Support Group

**Wednesdays from 6:30-7:30 p.m. at
Walt Self Community Building,
335 Railroad Ave., Lyons, CO 80540**

Were you impacted by the September flood? Join this group for community empowerment, education, resources and emotional support. Trained professionals funded by a federal ProjectSERV grant awarded to BVSD are forming this Flood Support Group to aid our community in the process of rebuilding and healing from the damage of the flood. For more information, call Colorado Spirit at 720-498-1759 or email coloradospirit@mhpcolorado.org

Adult Cardio Sculpt Fitness

This class is designed to help maintain your cardiovascular health by combining high intensity cardiovascular routines with strength training. We welcome you to come and enjoy the benefits of working out in a group setting. Classes held Thursdays, June 5- June 26 from 6:30-7:30pm at the Walt Self Community Building. This class is for adults 18 and older and is \$10 per class/ \$50 for all. There must be a minimum of 8/ maximum of 20. Please register online or stop by Town Hall during business hours.

Lyons Elementary School Play

Lyons Elementary Fifth Graders Proudly Present: William Shakespeare's "Merry Wives of Windsor" to be performed on Sunday, May 4th at 6:30 pm at the Lyons Elementary outdoor stage. This is the 15th production and it will prove to be every bit as hilarious and fun as in the past. All are welcome to attend!

BASKETBALL LEAGUE

Parks and Recreation hosts a pick up basketball league at the Lyons Elementary School Gym on Thursday nights from 8p.m. to 9:30 p.m. Please do not show up to play prior to 7:50 p.m. as the gym is scheduled for other uses. All are welcome to play. The league runs Thursdays thru May 22, 2014. Cost is \$70.00 per season /\$5 per night.

Lyons Golden Gang Fundraiser Dinner

The Lyons Golden Gang has scheduled a spaghetti dinner fundraiser for Friday, May 16th at the Longmont Moose Lodge, 6 to 8 pm. Tickets will go on sale April 18th and can be purchased from any LGG member or call 303-823-6771 and leaving a message.

Paint & Sip Senior Trip

The Town of Lyons Parks & Recreation department is pleased to bring back our popular senior trips! Come join other seniors in the Lyons community for a Sunday afternoon of fun and creativity! We will be taking a trip to Dabble Paint & Sip in Longmont for an afternoon of painting, socializing and fun! A professional artist will guide you step by step in creating your own painting. No experience is necessary. Trip includes transportation, painting class, your finished product to take home and snacks. The trip will be held on Sunday, June 8th meeting at the Walt Self Community Building at 1:30pm. There is a minimum of 10 and a maximum of 17 participants. This trip will cost \$10 per person and you must sign up by May 28th to reserve your spot! For more information or to sign up, please contact the department.

Seated Fitness

This class is designed to help maintain your cardiovascular health, strength, and flexibility while sitting. We welcome you to come and enjoy the benefits of working out in a group setting. This class is for ages 50+ and is free. Classes will be held the last Wednesday of each month at the Walt Self Community Building. Next class will be held June 25th from 10am-11am. There must be a minimum of 5 Participants in order to hold the class. Please register online or stop by Town Hall.

Jump Bunch Sports & Fitness Camp



This camp introduces children to a wide range of sports and fitness activities in a fun, friendly, and noncompetitive environment! JumpBunch Camps involve sports, music, fitness skills, teamwork activities, and games! A new sport is introduced each camp day. Please bring a complete change of clothes, snack and a water bottle. Campers must be potty trained and wear sneakers. Camp will be held July 7-11th with one session for 3-6 year olds from 9am-10am for \$60 and another session for 6-12 years from 10am-12pm for \$85. This camp will be held in Sandstone Park. Must register by June 27th. All activities are age and developmentally appropriate. Please visit the Town of Lyons website for details and to register or contact the department.

38th ANNUAL GOOD OLD DAYS



The 38th Annual Good Old Days will be held June 27 -28, 2014. Good Old Days is a longstanding, highly-anticipated outdoor event that will focus on bringing people from Lyons and the surrounding region together in a celebration of community in beautiful Bohn Park. Good Old Days features a full schedule of Live Music & Entertainment, Beer Garden & Food Vendors and activities for all ages. In addition, those attending Good Old Days will enjoy KidSpace, BMX Demos/ Clinics, climbing wall, kayaking tank, pony rides/ petting zoo, flood recovery fun run, sandstone farmers market and artisan fair and a weekend full of new events and surprises.

Those interested in volunteering time, participating, or adding to an event should direct their questions to the following numbers. For general event questions contact Lyons Department of Parks, Recreation & Cultural Events at 303-823-8250 or visit www.townoflyons.com.

Sponsorship Opportunities for the 38th Annual Lyons Good Old Days

The Town of Lyons Department of Parks, Recreation & Cultural Events is looking for enthusiastic businesses and/or individuals willing to sponsor the 2014 38th Annual Lyons Good Old Days Celebration. Please go to www.townoflyons.com for a current sponsorship and benefit form. There are five levels of sponsorship to choose from, each offering varying benefits before and during the event. All donations are tax deductible. Please fill out and return the form to Lyons Town Hall no later than May 23, 2014 to take full advantage of all sponsorship benefits. Sponsorship applications may be accepted following the May 23rd deadline through June 15th although some sponsorship benefits may not be available to participants following the deadline. Should you have any questions or if you wish to volunteer some time to the Good Old Days effort, please contact the department at 303-823-8250, or email recreation@townoflyons.com.