

MAY 2013

VOLUME 8, ISSUE 5

Town of Lyons
P.O. Box 49
Lyons, CO 80540
303-823-8250

Check out the
Town of Lyons
on Facebook!



Upcoming Events:

Thursday Night Basketball

Lyons Elementary
8:30pm-10pm

Active Adult Game Day

Walt Self Building
May 1st
12:30-3:30pm

Adult Cardio Sculpt

Walt Self Building
May 2nd
6:30pm-7:30pm

Child Pottery Class

Walt Self Building
May 7th-10th
3-4pm

Active Adult Movie Matinee

Walt Self Building
May 8th
12:30-2:30pm

Adult Cardio Sculpt

Walt Self Building
May 9th
6:30pm-7:30pm

Yellow Design Beginner Bike Clinic

Bike Park
May 11th
10am-12pm

Adult Cardio Sculpt

Walt Self Building
May 16th
6:30pm-7:30pm

Yellow Design Beginner Bike Clinic

Bike Park
May 11th
10am-12pm



LYONS 37th ANNUAL GOOD OLD DAYS MOVING BACK TO BOHN PARK



The 37th Annual Good Old Days will be returning to Bohn Park June 28 -29, 2013. Good Old Days is a longstanding, highly-anticipated outdoor event that will focus on bringing people from Lyons and the surrounding region together in a celebration of community in beautiful Bohn Park. The move back to Bohn Park will allow us to provide more exciting activities all in one fantastic location. Good Old Days features a full schedule of Live Music & Entertainment, Beer Garden & Food Vendors, Carnival Games & Rides, and activities for all ages. In addition, those attending Good Old Days will enjoy the Lyons River Run 5K, KidSpace!, Softball Tournament, Community Picnic, Car Show, Pony Rides and Petting Zoo, and a weekend full of new events and surprises. Those interested in volunteering time, participating, or adding to an event should direct their questions to the following numbers. For general event and River Run 5K questions-Lyons Department of Parks, Recreation & Cultural Events @ 303-823-8250, Good Old Days Softball Tournery-Manny Vasquez @ 303-775-3036, Alumni Reunions/Mr. and Ms. Good Old Days/Historical Society/Redstone Museum/Square Dance-LaVern Johnson @ 303-823-5925.

Sponsorship Opportunities for the 37th Annual Lyons Good Old Days

The Town of Lyons Department of Parks, Recreation & Cultural Events is looking for enthusiastic businesses and/or individuals willing to sponsor the 2013 37th Annual Lyons Good Old Days Celebration. Please go to www.townoflyons.com for a current sponsorship and benefit form. There are five levels of sponsorship to choose from, each offering varying benefits before and during the event. All donations are tax deductible. Please fill out and return the form to Lyons Town Hall no later than **April 29, 2013** to take full advantage of all sponsorship benefits. Sponsorship applications may be accepted following the April 29th deadline through the end of May although some sponsorship benefits may not be available to participants following the deadline. Should you have any questions or if you wish to volunteer some time to the Good Old Days effort, please contact the department at 303-823-8250, or email recreation@townoflyons.com.



Clinics with Yellow Designs Stunt Team

The Yellow Designs Stunt Team will conduct a series of Skills Clinics for bike enthusiasts at two different skill levels. Clinics have a minimum of 5 and a maximum of 20 for the class to be held. Interested parties may register for the clinics at www.yellowdesigns.com. The Yellow Designs Stunt Team is an amazing group of BMX trick riders that perform choreographed thrill-shows and extreme stunt demonstrations at a wide variety of special events! With over 11 years of experience that includes performing on America's Got Talent and all over the world at various events, festivals, grand openings, corporate parties & NFL halftime shows-the showmanship and talent of the YDST is unmatched! Come learn from the pros! Participants will learn basic bike handling skills, jumping basics, balancing and braking, airs, basic bike maintenance, and more! Come out and make some friends and have some fun on two wheels!

Beginner Bike Skills Clinic

Age: 5-8 years old
Fee: \$45.00
Dates: Saturday, May 11th
Time: 10:00am-12:00pm

Intermediate Bike Skills Clinic

Age: 9-12 years old
Fee: \$45.00
Dates: Saturday, May 18th
Time: 10:00am-12:30pm



Challenger Soccer Camp

The Town of Lyons is pleased to host Challenger Sports, providers of the USA's most popular soccer camp program. The camp will be held August 5th - August 9, 2013 at the Bohn Park Multi-Purpose Field. The camp is available for ages 3-16 years. All camps feature the Challenger coaching staff, t-shirt, soccer ball, poster, individual skills evaluation, and more! Free replica jersey if you register at least 45 days before the camp. Visit the Town of Lyons website to register.

Summer Kids Kayaking

Lyons Kids Kayak Club classes are for intermediate students ages 8-15 who have previously been enrolled in the winter pool sessions and are able to roll their kayak in water. ALL registrants MUST know how to swim. For questions concerning appropriate ability levels, please contact the department. Class will be held in Meadow Park on Tuesdays and Thursdays from June 4th-July 11th from 5-7pm. Parents must provide transportation to and from the drop off point at the Meadow Park. This class is \$390 for Lyons Residents and \$500 for non residents. Must register before May 28th. Class sizes will be limited, but must have at least 5 kids in order to hold the class. Younger kayakers should watch for a "Guppy Program" that may be offered later in the summer when water levels are lower.

RIVER RUN TRAINING GROUP



Train for the Lyons River Run 5K or another event with local running coach and Lyons resident David Selden. This opportunity is for runners of all abilities. Increase your enjoyment of running and/or your 5K racing time with weekly group training runs and personalized advice. Advice includes workouts, running form, how to peak, race strategy, nutrition advice, etc. Training group will run Thursdays, May 16th- June 27th from 6:15-7pm. \$70 if you preregister before April 2th and \$80 thereafter. Minimum of 5 in order to hold the group. Dress to run. Please register online or stop by Town Hall during business hours. Direct questions to David Selden at ngoraselden@gmail.com.

Hershey's Track and Field Games



Lyons Parks and Recreation is teaming up with Lyons High School Track coaches and team members to host the Hershey's Track and Field Games for ages 9-14 on Friday June 7th at 3:30pm at the Lyons High School Track. This event is free. For over 30 years this event has put fun into fitness for kids. Each meet includes basic running, jumping and throwing events. Preregistration at the Lyons Department of Parks and recreation is strongly encouraged. Bring track shoes without spikes, sunscreen, hat and a water bottle. For additional information on Hershey's Track and Field Games please visit www.hersheystrackandfield.com.

Teen Mountain Bike Clinic



This clinic will give riders the skills to ride pump tracks and dirt jumps safely. No matter what style of riding you love, or what level you ride, you will finish with a solid foundation, a renewed passion and a whole new level of flow. Attendees will go through a progression that includes position, braking, cornering, riding up and down obstacles and pumping terrain. This class is for ages 13-17 year old on Tuesday, May 21st from 5pm-7pm. The cost is \$60 per rider. Lee McCormack is considered one of the world's top bicycle skills instructors. He wrote the books Mastering Mountain Bike Skills, Teaching Mountain Bike Skills and Pro BMX Skills, and he is a skills development director for the national high school mountain bike league. Bring your favorite bike, helmet and gloves, as well as drink, snack and basic trailside tools. Knee and elbow pads are optional; anything that makes you feel confident is a good thing.

JUMP BUNCH SPORTS & fitness CAMPS



This camp introduces children to a wide range of sports and fitness activities in a fun, friendly, and noncompetitive environment! Everyday JumpBunch Camp involves sports, music, fitness skills, teamwork activities, and games! Camp will be held July 15th-19th. All activities are age and developmentally appropriate. Please visit the Town of Lyons website for details and to register or contact the department.

Child/Parent Mountain Bike Clinic



Lyons Parks & Recreation and Lee McCormack of Lee Likes Bikes are pleased to offer a Child & Parent Biking Clinic. This clinic will give riders the skills to ride pump tracks and dirt jumps safely. No matter what style of riding you love, or what level you ride, you will finish with a solid foundation, a renewed passion and a whole new level of flow. Attendees will go through a progression that includes position, braking, cornering, riding up and down obstacles and pumping terrain. This class is for 8-12 year old and a parent. The fee for this class is \$80 per pair and will be held on Monday May 20th from 5-7pm. There must be Minimum 4/ Maximum 6 in order to hold the class. This class will be taught by Lee McCormack who is considered one of the world's top bicycle skills instructors. Bring your favorite bike, helmet and gloves, as well as drink, snack and basic trailside tools. Knee and elbow pads are optional; anything that makes you feel confident is a good thing.

Adult Mountain Bike Clinic



This clinic will give riders the skills to ride pump tracks and dirt jumps safely. No matter what style of riding you love, or what level you ride, you will finish Lee's program with a solid foundation, a renewed passion and a whole new level of flow. Attendees will go through a progression that includes position, braking, cornering, riding up and down obstacles and pumping terrain. This class is for students 18 and older and will be held Wednesday, May 22nd from 5-7pm, This class is \$60 per student. There must be a minimum of 4 and a maximum of 6 students in order to hold the class. Lee McCormack is considered one of the world's top bicycle skills instructors. He wrote the books Mastering Mountain Bike Skills, Teaching Mountain Bike Skills and Pro BMX Skills, and he is skills development director for the national high school mountain bike league. Bring your favorite bike, helmet and gloves, as well as drink, snack and basic trailside tools. Knee and elbow pads are optional; safety suggested. Please contact the department to register.

Lyons Organic Community Garden

Don't forget to get your garden plot! The last day of registration for the community garden will be March 30th. Any registration received after this date will incur a \$15.00 late fee. Individuals must have completed a plot form, waiver, and pay the fee prior to a 10' X 10' plot being issued. Plots will be issued randomly on a first come, first serve basis. You may obtain a registration form from Lyons Town Hall or by going to www.townoflyons.com. If you have any questions please call Lyons Parks and Recreation at (303) 823-8250.

BINGO

The Lyons Golden Gang is pleased to be hosting monthly Bingo. This will be held Saturday, May 18th, 1:00pm at the Walt Self Senior Center. This is a fundraiser for the senior lunch program: Meals on Wheels. For questions please call the Lyons Golden Gang at 303-823-6771.

Seated Fitness

This class is designed to help maintain your cardiovascular health, strength, and flexibility while sitting. We welcome you to come and enjoy the benefits of working out in a group setting. This class is for ages 50+ and is free. Classes will be held the last Wednesday of each month at the Walt Self Community Building. Next class will be held May 29th from 10am-11am. There must be a minimum of 5 Participants in order to hold the class.

Monthly Activities at the Walt Self Building

Please note that days and times have changed. For your convenience all activities will now be on Wednesdays.

Active Adult Arts & Crafts

Come join our monthly arts and crafts class on the fourth Wednesday of every month from 12:30-2:30pm. This class is free to all seniors in Lyons ages 50 and up. On May 22nd we will be creating our own picture magnets. Come and bring some pictures you would like to work with!



Monthly Movie Matinee

Come join the fun and enjoy a movie and munchies. Movie Matinee is held the second Wednesday of every month. This month it will be held on May 8th from 12:30- 2:30pm.

Active Adult Game Day

The first Wednesday of every month stop by for a game and conversation. This month we will meet on June 5th from 12:30-2:30pm. **June's Game Day will be hosted at Oskar Blues.**

Transportation Resources

Are you interested in getting out into the community or out of Lyons more often but don't have the transportation to do so? Come join us on Wednesday June 19th from 12:30-2pm at the Walt Self building to gain information on available transportation resources. If you do not yet have an Eco Pass come by on the 19th and sign up and get your pass. This is a free service to all Lyons residents. There will be other additional information on multiple forms of transportation and how to access it. Stop by and we will tell you more!

Rockies vs. Dodgers



Please join us for the Rockies vs. Dodgers, on Sunday June 2nd, at 2:10pm! Transportation will be provided for this event and is free. Persons attending will be responsible for the cost of the ticket, which is \$10.00

per person, as well as for any food and beverage costs. Minimum of 10 and a Maximum of 17 in order for this trip to happen so sign up now. For more information, or to sign up, please contact the Lyons Park & Recreation Department at 303.823.8250.

Active Adult Casino Trips

Back by popular demand! The Town of Lyons Parks & Recreation is pleased to offer two trips to the Reserve Casino in Central City! Join us for a day of casino action, delicious dining, thrilling giveaways and great entertainment! Our recent casino trip was so popular that we have chosen to host two additional trips this season; sign up for one or both. Persons attending will be responsible for \$5 for transportation, any casino expenses and for cost of food & beverages. For more information, or to sign up, please contact Adriana Blacker at the Lyons Park & Recreation Department at 303.823.8250.

Adult Cardio Sculpt Fitness

This class is designed to help maintain your cardiovascular health by combining high intensity cardiovascular routines with strength training. We welcome you to come and enjoy the benefits of working out in a group setting. Must be 18 years or older. Classes will be held at the Walt Self Resident Building Thursdays 6:30pm-7:30pm April 25th– May 23rd. There will be no class on April 4th. Classes \$10.00 each or pre register for all five classes for \$50. Must have 8 preregistered in order to hold the class. Please register online or stop by Town Hall during business hours.

Lyons Depot Library Enters the Digital Age

In April the Lyons Library began its process of switching over to an electronic card catalog and electronic check outs. Everyone will need new library cards to use this system. To get a new card all you need to do is show a photo ID (like a drivers license) and a piece of mail or other document that shows your mailing address. Cards for Lyons residents and residents of the purposed new library district are free. You can come by the library to get your card OR even better take advantage of any library tables set up at town events or locations to complete the application for your card. These cards will give you the opportunity to not only make check out easier, but to access the online library card catalog for browsing, reserving and managing your account. It will also let you use the AspenCat system that links us with many other libraries around the state. Get your new card NOW!

**PARKS RULES TO BE STRICTLY ENFORCED
DURING SUMMER SEASON**

The Town of Lyons Department of Parks, Recreation & Cultural Events have recently met with the Boulder County Sheriff's Department and will be working diligently to strictly enforce all parks rules and regulations starting early this spring and summer season. The goal of this additional active enforcement is to increase the number of contacts among parks visitors and ultimately deter any increases in less than desirable behavior that may occur in the parks during peak seasons. In addition, the Town will again be hiring code enforcement officers to assist with all Town enforcement issues in local parks. Active enforcement will begin immediately and it is important that all parks users become familiar with the rules and regulations that govern local Lyons parks. For information, questions or concerns, please contact Lyons Department of Parks, Recreation & Cultural Events at 303-823-8250.

**Pet Owners are Responsible for Leashing/
Clean Up of Pets**

This is a reminder to all pet owners that pets must be leashed in town parks except in designated areas and pet owners are responsible for all clean up. Spring is the time of year where we often see increases in pet feces being left in town parks. Please clean up after your pet as it is unsanitary not to do so and is also against Town of Lyons Municipal Code 4-2-5D. Leash laws apply per Municipal Code 4-4-3. Those not in compliance may be ticketed and face fine up to \$500.00.

**LYONS OUTDOOR GAMES RETURNS IN 2013
WITH AN EXCITING LINEUP OF EVENTS**



In it's 12 year history, the Lyons Outdoor Games have evolved into a world-class celebration of mountain sports. The 2013 Games, hosted by the Town of Lyons and Human Movement Management, are slated to take place May 31st - June 2nd in Lyons, CO. Along with perennial favorites; and an installment of new

events, the 2013 Games promise to be the best yet. In addition to scheduled events, there will be daily entertainment available; including live music, stand up paddle boarding, giant yard games, food, wine from Barefoot Wines and of course Oskar Blues beer. If you plan on late nights in Lyons, be sure to book your camping spot. Whether you're a mountain native, or new to the lifestyle the 2013 Games has an event for you!

2013 Lyons Outdoor Games events:

Friday, May 31st-(Bohn Park)

Live music, food, wine and beer until 10 PM

- 4:00 PM Cruiser Bike Ride/Crawl
- 6:00 PM Dirt Demo by Big Shot Bikes
- 8:00 PM **Free live concert: Dumpstaphunk presented by Oskar Blues**

Saturday, June 1st- (Bohn Park)

Live music, food, wine and beer until 10 PM

- 8:00 AM Fly Fishing Most Accurate Cast- Prelims
- 9:00 AM Fly Fishing Longest Cast - Prelims



Register online @ Active.com

**Sunday, June 30, 2013 8am
Sandstone Park
4th Ave. & Broadway
www.townoflyons.com**



- 10:00 AM Kayak Down River Race
- 11:00 AM **Lyons Outdoor Games 5k fun run**
- 11:00 AM Fly Fishing Most Accurate Cast - Finals
- 12:00 PM Kayak Open Freestyle
- 1:00 PM Fly Fishing Longest Cast - Finals
- 2:00 PM BMX/MTB - Dirt Jump Qualifiers
- 2:00 PM Rugby Match
- 4:00 PM **Oskar Blues Burning Can Beer Festival**
- 5:00 PM BMX/MTB - Dirt Jump Finals
- 8:00 PM BMX/MTB - Outlaws Tour Best Trick

Sunday, June 2nd-(Bohn Park)

Live music, food, wine and beer until 6 PM

- 8:00 AM Volunteer Breakfast
- 9:00 AM K9 Speed Retrieval
- 10:30 AM K9 Cannonball
- Kayak Cadet/Junior Events
- 12:00 PM **Pedal the Pond**
- Kayak Pro Freestyle Finals
- BMX/MTB - Pump Track Seeding
- 2:00 PM Kayak Slalom
- BMX/MTB - Outlaws Tour Kids Racing
- 4:00 PM BMX/MTB - Pump Track Racing

For more information visit www.LyonsOutdoorGames.com