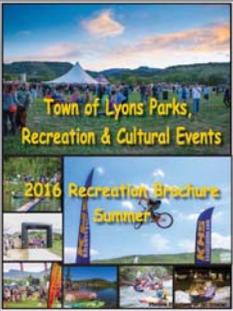


JUNE 2016

VOLUME 12 ISSUE 6

Town of Lyons  
Department of Parks,  
Recreation & Cultural  
Events  
P.O. Box 49  
Lyons, CO 80540  
303-823-8250



To access the Town of Lyons full recreation brochure please visit [www.townoflyons.com](http://www.townoflyons.com)

**Upcoming Events:**

**Lyons Outdoor Games**  
Bohn Park  
June 4th, 2016

**Sandstone Summer Concert**  
Sandstone Park  
Thursdays  
June 9th-August 11th

**Lyons River Run 5k**  
Sandstone Park  
June 25, 2016

**Lyons Good Old Days**  
Sandstone Park  
June 25th, 2016

For more event and programs please visit [www.townoflyons.com](http://www.townoflyons.com).



HERRON ORGANIC, BIRCHSON, RedFox OUTDOOR EQUIPMENT, SIKK, SANDSTONE, GREEN GO, Lyons Link  
 JUNE 4TH, 2016 LYONS OUTDOOR GAMES BOHN PARK, LYONS, CO  
 LIVE AN ADVENTUROUS LIFE  
 CRAFT BEER  
 LIVE MUSIC  
 ADVENTURE  
 BMX | Kayaking | Kids Outdoor Games | Disc Golf | Camping  
 Obstacle Course | Slackline | Cornhole Tournament | Acro Yoga  
 #LiveAnAdventurousLife  
 WWW.LYONSOUTDOORGAMES.COM  
 FEATURING AN OUTDOOR CONCERT WITH  
 DIRTY DOZEN BRASS BAND  
 OSKAR BLOKS BREWERY PRESENTS  
 BURNING CAN BEER FEST

**Yoga for Teens**  
 The Town of Lyons is pleased to offer yoga for teens throughout summer. Bring a yoga mat and water. To register e-mail [recreation@townoflyons.com](mailto:recreation@townoflyons.com).  
**Age:** 12-16 year olds  
**Fee:** \$8/per class  
**Dates:** Tuesdays from June 7<sup>th</sup>-Aug. 9<sup>th</sup>  
**Time:** 10:30 -11:30 AM  
**Location:** Walt Self Basement  
**Instructor:** Lori LeGault  
**Size:** Minimum 5/ Maximum 10

**Tennis Camp for Kids**  
 The Town of Lyons is pleased to offer entry level tennis lessons at the Bohn Park Multi Use Sport Court. Participants need to bring a tennis racquet and water, it's advisable to wear a hat and sunscreen.  
**Age:** 5-8 year olds, 9-12 year olds  
**Fee:** \$60 per week  
**Dates:** June 6-10  
 June 13-17  
 June 20-24  
**Time:** 5-8 yr olds 9:00 AM -9:45 AM  
 9-12 yr old 9:50 -10:35 AM  
**Location:** Bohn Park

**Youth Mindfulness Summer Series**  
 The Town of Lyons Parks and Recreation is pleased to offer a 4-Part series of weekly mindfulness activities. We will meet once a week and do yoga, "Be Mindful" activities with Shannon Lamb, musical jam sessions with Emilyn Inglis, journal writing, summer reading, theater improv with an actress and director who is based in New York, painting at the Ax and Oar, and more. We will journey around Lyons for all activities. Please bring a lunch, snacks, water and wear sunscreen and hat. For questions or to register please or e-mail [recreation@townoflyons.com](mailto:recreation@townoflyons.com).  
**Age:** 10-15  
**Fee:** \$120 for all 4  
**Dates:** June 23, 30, July 7, 14  
**Time:** 10:00 AM-3:30 PM  
**Location:** Meet at Sandstone Park by visitor's center  
**Instructor:** Lori LeGault plus many more  
**Size:** Minimum 8/ Maximum 20

# LYONS 18th ANNUAL SANDSTONE SUMMER CONCERT SERIES



## MUSIC ON THE RAUL VASQUEZ COMMUNITY STAGE IN SANDSTONE PARK

### JUNE 9TH - AUGUST 11TH THURSDAY NIGHTS 6:30PM

Come and Enjoy Ten Wonderful Nights of Music in Sandstone Park  
4th and Broadway - Near the Visitors Center and Downtown

June 9th  
**Laser Bunny**

June 16th  
**Take Down the Door**

June 23rd  
**Halden Wofford & the Hi\*Beams**

June 30th  
**Blue Canyon Boys**

July 7th  
**Bonnie & the Clydes**

July 14th  
**Topelo Honey**

July 21st  
**Interstate Stash Express**

July 28th  
**Arthur Lee Land**

August 4th  
**The Tiller's Band**

August 11th  
**Samba Dende**

BROUGHT TO YOU BY: **LYONS**

Lyons Community Foundation  
Serving the Greater Lyons Area

**LYONS Arts this Summer 2016 THURSDAYS**  
June 23  
July 29  
August 25  
September 29

**LYONS FARMERS MARKET**

The Sandstone Concert Series is excited to announce the return of the Lyons Farmers Market offering fresh local produce from area farmers. A farm dinner will be offered each week in Sandstone Park by a local farm truck or a food artisan using local ingredients from surrounding farms. Other local business will be highlighted weekly. Come join together with family, friends and neighbors in a celebration of music and food!

**FARMERS MARKET**

5:30 pm - 8:30 pm  
Thursdays  
June 9 - August 11

## Renaissance Adventures

Your child is the hero of a mythic quest in an incredibly fun, award-winning outdoor experience like none other! Journey into a co-created story where every decision matters. Do you dare explore the jungle ruins of Djinnos? Can you salvage parts from Black Bart's sloop to repair your vessel before the kraken awakens? Can you out-riddle Frozh the dragon of eternal winter? In small groups of like ages, the heroes read maps, solve mysteries and riddles, overcome dynamic challenges, and battle using safe, foam swords. As with all Renaissance Adventures programs, Adventure Quest is designed to develop teamwork, critical thinking, ethical reasoning, communication, and other 21st century skills. With highly-trained staff, multiple awards, and over 20 years experience, it's no wonder Renaissance Adventures is so popular. Kids band together in small groups of six kids to develop a unique character, take part in exciting outdoor quests, and save the kingdom! We also run exciting birthdays, afterschool programs, teen CIT programs, overnights, and more. Call (303) 786-9216 or visit [www.RenaissanceAdventures.com](http://www.RenaissanceAdventures.com) for more information.

**Age:** Check website  
**Fee:** \$369 Per Session  
**Dates:** Aug. 1-5 and Aug. 8-12, Monday through Friday  
**Time:** 8:30am - 3:00pm  
**Location:** Parent sign-in/out is at Sandstone Park, and we will journey into Meadow Park

## Basic Computer Skills Class

Lyons Parks and Recreation in collaboration with the Lyons Regional Library is pleased to offer a basic computer skills class for Lyon's Seniors' at the Lyons Regional Library. This class will go over e-mail, Facebook, and internet skills, and can help you get more connected with all of the most used Lyons Facebook pages. There is a maximum of 5 participants for this class so you must RSVP.

**Age:** 50+  
**Fee:** FREE  
**Dates:** June 10th, July 29th  
**Time:** 1-2PM  
**Location:** Lyons Regional Library Staff  
**Group Size:** Maximum 5

## Fitness Class

Lyons Recreation Program Assistant, Lori LeGault will be leading a 1 hour and 15 minute total body workout. Participants will do a 30 minute brisk walk on back roads, then upon arrival back at Walt Self we will do 30 minutes of strength training using resistance bands. The session will end with 15 minutes of balance and flexibility. You are allowed to join in/or duck out during any portion of the class. Please dress appropriately for exercise with layers and bring a water bottle.

**Age:** 50+  
**Fee:** FREE  
**Dates:** Every Wednesday  
**Time:** 10:15 AM-11:30 AM  
**Location:** Walt Self Building Basement  
**Instructor:** Lori LeGault

40TH ANNUAL  
**LYONS GOOD OLD DAYS**

SATURDAY, JUNE 25TH, 2016

**Monthly Birthday**

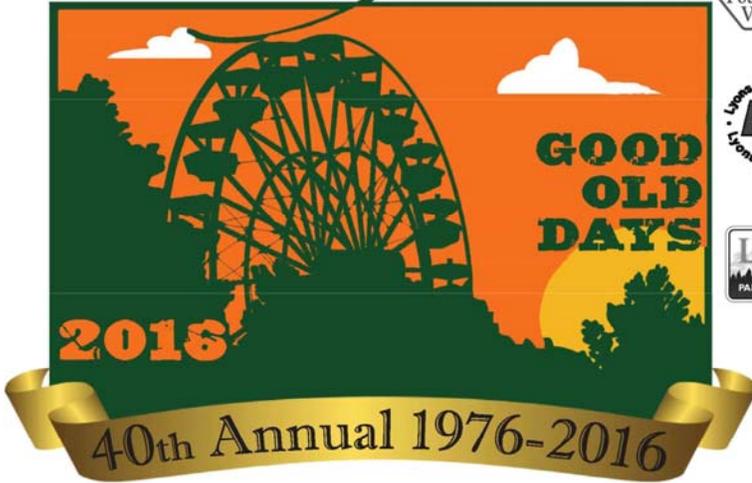
**Celebration**

Join us on the 4th Friday of every month to celebrate that month's birthdays! There will be birthday cake, coffee, and some other fun means of celebrating.

**Age:** 50+  
**Fee:** Free  
**Dates:** June 24th, July 22nd, August 26th  
**Time:** 1-3PM  
**Location:** Walt Self Building  
**Instructor:** Parks & Recreation Staff

**LYONS**

**SPONSORS:**



**MOCON**

**MORTENSON CONSTRUCTION**

**NARANJO CIVIL**

Call the Lyons Department of Parks, Recreation & Cultural Events at (303) 823-8250 or visit [www.townoflyons.com](http://www.townoflyons.com) for further information.

**Friendship Bracelet Making For Kids**

The Town of Lyons Parks and Recreation is pleased to offer the fun craft of making friendship bracelets and key chains. To register call 303-823-8250 or e-mail [recreation@townoflyons.com](mailto:recreation@townoflyons.com).

**Age:** 10 years and up  
**Fee:** \$5.00  
**Dates:** July 13<sup>th</sup>, Aug. 9<sup>th</sup>  
**Time:** July 13<sup>th</sup> 2:30-4PM, August 9<sup>th</sup> 10AM-11:30 AM  
**Location:** (TBA)  
**Instructor:** Lori LeGault  
**Size:** Minimum 5/ Maximum 15

**Schedule of Events**

Saturday, June 25, 2016

8a.m.- Lyons River Run 5k- Sandstone Park  
10a.m.-3p.m.- Good Old Days Car Show-4th Avenue  
1 p.m.-6p.m.- Avid 4 Adventure Kayaking Tank - Sandstone Park/ Railroad Ave.  
11a.m.-6p.m.- Airborne Games Obstacle Course, Slide, Water Balls-Sandstone Park/ Railroad Ave  
11a.m.- 8:30p.m. Chamber Beer Garden- Sandstone Park  
11a.m.-1p.m. The Wilderness Institute presents Pioneer Living Skills and Games at KidSpace  
-Panning for Gold  
-Tomahawks  
-Rope Making  
-Crafts and Games

12:30-4:30p.m.-Museum Open House-Redstone Museum  
1-1:45p.m.- Danny Shafer Band- Raul Vasquez Stage  
1p.m.-3p.m.- History Program by Lyons Historical Society- Quasiquicentennial Program, Honoring Lyons Pioneer Families, Mr/Mrs. Good Old Days, Recognize Classes of '06's- Redstone Museum  
2- 2:45p.m.- Taarka- Raul Vasquez Stage  
3- 3:45p.m.- Jami & Eben- Raul Vasquez Stage  
4p.m.-5p.m.- Mayama Dance-Raul Vasquez Stage  
5p.m.- 6p.m.- Legendary Ladies- Raul Vasquez Stage  
6p.m.-7p.m.- Presentation by Lyons Historical Society- "Classes of 50 years, Recognize Classes of '06's, 2016 Pioneer Family High School Graduates  
7- 8:30p.m.- Trucker's Daughter- Raul Vasquez Stage  
7:30p.m.-10:15pm - Red Rock Ramblers Square Dance Lyons Elementary Gym- Rounds-Leroy Shade & Square-Dave Guille

Good Old Days is held in Sandstone Park (350 Broadway)

**Recreational Adult Ultimate Frisbee**

The Town of Lyons is pleased to offer a recreation league for Adults who wants to play ultimate Frisbee. Teams will be mixed weekly. To register e-mail [recreation@townoflyons.com](mailto:recreation@townoflyons.com).

**Age:** 18 years and up  
**Fee:** \$42  
**Dates:** June 9, 16, 23, 30, July 7, 14, 21  
**Time:** 7:00-8:15 PM  
**Location:** Bohn Park Multi Use Field  
**Instructor:** Zach Martinez  
**Size:** Minimum 10/ Maximum 30

**Summer Running Club for Kids**

The Town of Lyons is pleased to offer a recreation running club for kids who want to keep active and love to run! Since kids' goals are different, each child will be tasked in the beginning with choosing a realistic mileage goal and can then work toward meeting that goal with friends. To register call 303-823-8250 or e-mail [recreation@townoflyons.com](mailto:recreation@townoflyons.com).

**Age:** Entering 1st Grade-6th Grade  
**Fee:** \$35  
**Dates:** June 8, 13, 15, 20, 22, 27, 29  
July 6, 11, 13, 18, 20, 25, 27  
**Time:** 9:00 AM-10 AM

Join us at Lyons Good Old Days after the race

Amazing Prizes including Tickets to Planet Bluegrass Festivals



Kids Fun Run

**Saturday, June 25th, 2016**  
**8am Start**  
**at Sandstone Park**  
 Register Online at [www.townoflyons.com](http://www.townoflyons.com)

Chip Timed Event

Please join us by registering at one of these convenient front range locations  
 (\* indicates those stores that collect registration forms and money through 6/20/16)

LYONS	BOULDER	LONGMONT	FT. COLLINS
* Lyons Town Hall 432 5th Ave (303) 823-6622	* Flatirons Running 629 Broadway (303) 554-7837	* Longmont Athletic Club 10 Mountain View Ave. (303) 772-4700	* Runners Roost 2720 Council Tree Ave. (970) 224-9114
* Lyons Visitor Center 4th Ave. & Broadway (303) 823-6622	* Farrell's eXtreme Bodyshaping 2408 Arapahoe Ave. (720) 498-2841	* Shoes & Brews 63 S. Pratt PKWY (720) 340-4290	* Altitude Running 150 E. Harmony Rd. Unit 2c (970) 377-8005

### Lego Fun for Kids

The Town of Lyons Parks and Recreation is pleased to offer days when kids can bring their legos and play and work together to create! Please bring legos. To register call 303-823-8250 or e-mail [recreation@townoflyons.com](mailto:recreation@townoflyons.com).

**Age:** 4 yr. old and up  
**Fee:** FREE  
**Dates:** June 27<sup>th</sup>, July 11<sup>th</sup>  
**Time:** 10:00 AM-11:30 AM  
**Location:** Walt Self Building Basement  
**Instructor:** Lori LeGault  
**Size:** Minimum 5/ Maximum 15  
**Deadline to Register:** June 23<sup>rd</sup> for first class, July 7<sup>th</sup> for second class

### Recreational Team Sports

The Town of Lyons is pleased to offer a recreation non-competitive league for kids who want to play team sports for fun without committing to one thing for an entire season. Participants will meet and play a variety of ball sports. Teams will be regularly mixed and all participants are encouraged to play. To register call 303-823-8250 or e-mail [recreation@townoflyons.com](mailto:recreation@townoflyons.com).

**Age:** 8-12 year olds  
**Fee:** \$42  
**Dates:** June 9, 16, 23, 30, July 7, 14, 21  
**Time:** 6:00-7:00 PM  
**Location:** Bohn Park Multipurpose Field  
**Instructor:** Zach Martinez  
**Size:** Minimum 10/ Maximum 30



[www.townoflyons.com](http://www.townoflyons.com)

### American Red Cross Babysitter's Boot Camp

The American Red Cross Babysitter's Training course is fun and fast-paced with hands-on activities, exciting video, role-plays and lively discussions. This class includes American Red Cross Babysitter's Training, First Aid, and CPR for infants & children.

**Age:** 11-15  
**Fee:** \$90  
**Dates:** July 18-21  
**Time:** 12 Noon-3:00 PM  
**Location:** Walt Self Building Basement  
**Instructor:** Lori LeGault  
**Size:** Minimum 5/ Maximum 10

### Challenger Soccer Camp

The Town of Lyons is pleased to host Challenger Sports, providers of the USA's most popular soccer camp program. All Camps feature the Challenger Coaching staff, t-shirt, soccer ball, poster, skills evaluation, and more!

**Age:** 3-16 years old  
**Fee:** Varies per camp  
**Dates:** August 4-8  
**Time:** Varies per camp  
**Location:** Bohn Park Multi Use Field  
**Instructor:** Challenger Soccer Staff  
**Camp Size:** Minimum 10/ Maximum 100