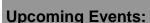
VOULME 11, ISSUE 4

# **APRIL 2015**

Town of Lyons P.O. Box 49 Lyons, CO 80540 303-823-8250 www.townoflyons.com

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# Thursday Night Basketball

Lyons Elementary 8:30pm-10pm

## **Discount Dog Days** Month of April

Town Hall

# Senior Arts & Crafts

April 10, 2015 Walt Self

#### 9 Health Fair

April 18th, 2015 Lyons High School

#### **Compost Workshop**

April 16th, 2015 Walt Self

# Hunters Education Course

April 18th-19th, 2015 Walt Self

#### **Seated Fitness**

April 22, 2015 Walt Self

Challenger Soccer Camp August 3-7, 2015



#### HUNTER EDUCATION COURSE

The Town of Lyons Department of Parks, Recreation & Cultural Events is pleased to be hosting State of Colorado Division of Wildlife volunteers who will be teaching a hunter education course on April 18th –April 19th at the Walt Self Senior Housing community room. Classes will run on Saturday April 18th from 8am-5pm and Sunday April 19th from 9am-3pm. Please call 303-823-8250 and leave a message with all names of those who will be attending and their contact information to sign up for the course. A minimum of 15 participants is needed to ensure the class will be provided. A \$10 course fee will be collected the day the program begins.

#### **Boulder County Compost Workshop**

Backyard composting is an effective way to reduce household carbon footprints and provide quality compost for use in gardens. Come learn how to start and maintain a highly efficient backyard compost system by learning what to feed your compost pile, appropriate bins and methods for our geographic, tips and troubleshooting, and much more. Workshop will be held Thursday, April 16th 6pm at the Walt Self Community Building and is free. You must register for this prior to ensure that there is enough participation.

#### **Discount Dog Days**

The Town of Lyons will be offering discounts on dog licenses thru the month of April at Lyons Town Hall from 8am-4:30pm starting April 1st. Annual dog licenses are valid from May 1 to April 30 of each year. Discounted prices will only be available in April. Those who are unable to come in to Town Hall during normal business hours may visit the Town of Lyons website to download the application and may place it, along with proof of rabies vaccination and the necessary fees in the green utility drop box in front of Town Hall.

#### 2015 Dog Licensing Cost Information:

1st dog license: \$30.00...but with discount is \$20.00!

2nd and additional dog license: \$20.00...but with discount is 10.00!

Note that the town will need proof of your dog's current rabies vaccination, so be sure to bring an extra copy.

#### THURSDAY BASKETBALL

A pick up basketball league is held at the Lyons Elementary School Gym on Thursday nights from 8 p.m. to 9:30 p.m. Please do not show up to play prior to 7:50 p.m. as the gym is scheduled for other uses. All ages and genders are welcome to play.

• The league runs Thursdays September 4, 2014 thru May 14, 2015.

No use dates are 4/9/15 & 4/30/15. Cost is \$5 per night. Sponsored by Lyons Parks and Recreation.

#### Active Adult 50 + Arts and Crafts

Lyons seniors are invited to take part in flower arranging. This project is free for participants and will be held on Friday, April 3rd from 12:30-1:30 at the Walt Self Community Building. Participants will get to enjoy good conversation with friends and neighbors and create a wonderful flower arrangement just in time for Easter.

#### **Active Adult 50+ Seated Fitness**

This class is designed to help maintain your cardiovascular health, strength, and flexibility while sitting. We welcome you to come and enjoy the benefits of working out in a group setting. This class is for ages 50 and older and is free. Classes will be held once a month at the Walt Self Community Building beginning Wednesday, April 22nd at 10:45 am. There must be a minimum of 5 participants in order to hold the class. Please register at <a href="https://www.townoflyons.com">www.townoflyons.com</a> or stop by Town Hall during business hours.

#### 9 HEALTH FAIR

The Lyons 9 Health Fair is coming to the Lyons Middle/Senior High School on Saturday April 18<sup>th</sup> from 7am to noon. The fair gives you an opportunity to take your own health into your control without leaving the town of Lyons, and for almost no cost.

This year the FREE screenings include blood pressure, pulse, oxygen, feet, skin, hands, bone, vision, oral, spinal, hearing, stress management, body fat, body balance, height and weight, breast exam and pap tests for women.

You may pre-register for the blood screening online at 9healthfair.org. Most physicians today like to see what your blood levels are on a daily basis, not necessarily based on a fasting regimen. We still need volunteers for this event. To become a volunteer, either medical or non-medical, please visit the website: 9healthfair.org and choose Lyons or email Pam Browning: pbmountaingirl@gmail.com

# Lyons Outdoor Games Beer Relay

If you like to drink beer and run, here's an event that combines your two passions! The Beer Relay is Colorado's first ever endurance drinking and trail running race. Take turns with your friends running a beautiful 5km trail loop. Before each lap, drink a 12 ounce Oskar Blues beer for a 2 minute deduction off your lap time. Run solo or with your best buds. The winning team will record the most of laps in the 6 hour time period. Find out more at <a href="https://dream.ncbi.nl

# "New" SHAPE Diva Dash Returns to Lyons

One-of-a-kind obstacles, the CLIF Kid Adventure Zone and two family friendly waves await participant's at this year's Diva Dash, which returns to Lyons on May 2nd.

While the original women-only obstacle run, back at Bohn Park for its third year, is still mud-free run, there are plenty of enhancements to keep it fresh and exciting. Look for eight innovative new obstacles participants won't find at any other run, CLIF Kid Adventure Zone where the younger crowd can test their skills at a free play area, and family friendly waves where anyone 7 & older can get in on the running fun.

Stick around for the after party for games and sampling, and for a chance to win a Trip to Aruba! Airfare is not included in this Getaway Giveaway, but all registered Divas have a chance to win this fabulous prize.

# **Challenger Soccer Camp**

The Town of Lyons is pleased to host Challenger Sports, providers of the USA's most popular soccer camp program – British Soccer Camps. The camp will be held August 3rd thru August 7th, 2015 at the Bohn Park Multi-Purpose Field. The camp is available for 3-16 years olds. All camps feature the Challenger Coaching staff, t-shirt, soccer ball, poster, individual skills evaluation, and more! Free replica jersey if you register at least 45 days before the camp. Visit the Town of Lyons website to register.

### **LCF Hometown Hoe Down**

Save the Date! The Lyons Community Foundation is hosting a Hometown Hoe Down at River Bend on June 17th from 5-10 pm. The benefit is a family-friendly community gathering featuring Smokin Dave's BBQ, square dancing, live music, a corn hole tournament and many activities and games for all ages.

#### 2015 Lyons Outdoor Games



The 13th annual Lyons Outdoor Games will take place on Sat May 30th, 2015. Oskar Blues Burning Can Beer Festival

returns with slalom & freestyle kayak competitions, BMX/dirt jump, slackline events, the Adam Barron Memorial Creek Race and new this year, Beer Relay. This year's games transition toward a Zero Waste event. For our younger adventurers, we will be hosting a Kids Outdoor Games area, complete with a rock climbing wall, kayak pool and games. Big Thompson Flood & Interstate Stash Express will open for a band that reached out to Lyons last year from New Orleans- The Revivalists. With several other artists last December, the Revivalists created Nolorado to raise funds for Lyons & LCF. We are working to create an amazing weekend for Lyons and raising funds for the Lyons Department of Parks, Recreation and Cultural Events. For more information: <a href="https://www.lyonsoutdoorgames.com">www.lyonsoutdoorgames.com</a>

# First Annual May History Month

Special New Events Every Weekend! Lyons' historical heritage is an integral part of the Town. Town residents will have the opportunity this year to learn more about their town's history through special events taking place throughout the month of May. Enjoy entertaining speakers, live music, tours, prizes and more. The Redstone Museum is opening early this year, on May 1st, and it will have a new stimulating program each weekend. Speakers and new History Preservation Exhibits May 2, 16, 23 from 1 p.m. to 3 p.m. Lyons History Plays May 29-31 (TBA). Community History Party, May 9th, 5p.m., Rogers Hall, Live Entertainment, Pot Luck, Silent Auction. It's a fundraiser for Lyons Oral History and celebrating Rocky Mt. National Park's 100th anniversary. Details at www.LyonsRedstoneMuseum.com or on the museum's Facebook page. For more information, contact Project Director Kathleen Spring (303) 823-5271. Lyons Redstone Museum (4th and High Street) is open daily 9:30am-4:30pm (Sun. opens 12:30pm) beginning May

# **Meadow Park Phase II Update**

On Friday, March 6, 2015 Lyons Parks Staff in conjunction with representatives from Ripley Design and S2O Design and Engineering released the bid sets for Meadow Park Phase II Projects 20B-1&3 and 20B-2 in order for the projects to be completed by July of 2015-in accordance with the project timeline presented at the Community Update and Presentation given on Tuesday, February 24, 2015.

Bids were due from potential contractors for both projects by 1:00 p.m. Friday, March 20, 2015. Town of Lyons staff along with Town Engineer, Jim Blankenship and representatives from Ripley Design and S2O Design and Engineering met to score and evaluate all received bids based on several criteria outlined in the RFP portion of the bid documents. The Town received a total of 8 bids for project 20B-2, but unfortunately only received 1 sole bid for 20B-1&3. The one bid that was received for 20B-1&3 was significantly higher than our projected opinion of cost and well exceeded our project budget for these phases of the project. Therefore, Town staff, along with the consultants, decided that it was not in our best interest to complete 20B-2 as a stand-alone project and will re-bid the entire Meadow Park Phase II Recovery Project as one complete bid set (20B1-4) in May of 2015 for the entire project to be completed as intended by Spring/Summer of 2016. For a full listing of Lyons Park flood recovery updates please visit the Town of Lyons website at www.townoflyons.com or contact the department.