



Town of Lyons
Human Services and Aging Commission (HSAC)
March 12, 2019

Attendees:

Commissioners: Amy Reinholds (Co-Chair), Meg Waters (Scribe), Crystal White,

Liaison: Lori LeGault (Town Staff)

Guests: Kim Mitchell (Town Staff), Rebecca Major (OUR Center), Lory Barton (LEAF)

General Business

• **Transportation**

- Toby Russell no longer works for the town. When he has been replaced, that person will pick up pursuit of the transportation grants.
- (Lory Barton) Getting to Longmont and back is a key transportation need.
- (Kim Mitchell) Bus to Boulder is really convenient only if you're headed somewhere on Broadway.
- What about "E-Go" car share program? What would it cost for the town to become a member? The driver must have a valid drivers license Could one E-Go car be stowed in Lyons for use by folks here? Kim will do initial research, find contacts.
- Maybe a car share program could apply for money from the Goodwill Fund?
- (Lory) Medicaid provides transportation to and from appointments if it's scheduled in advance.
- (Amy) She would like us to tap into mobilityforall@bouldercounty.org – focus on people who use wheelchairs, people with disabilities, aging.

• **Mental health**

- (Lory) Mental health issues are one of LEAF's top concerns.
- (Rebecca Major) Transportation and mental health are among OUR Center's top concerns as well.
- (Lory) Mental Health Partners is great, but scheduling services isn't easy. Transportation is another challenge.
- (Rebecca) Mental Health Partners can provide transportation for people to get to their facilities.
- (Lory) People who are already struggling might not have the skill set/mindset to get through the Mental Health Partners intake process and scheduling, especially if it means traveling to Boulder or Longmont.
- (Rebecca) OUR Center does intake here in town—has someone here once a week. It would be great if Mental Health Partners could as well, to do intakes and triage.



- **Senior care**

- New contact for Senior Reach – Jennifer Fisher.
- (Amy) We should contact her to find out whether she's still doing home visits in Lyons.
- TruPACE has several clients going to the Lafayette location. They have adult day programs and work with both Medicaid and Medicare.
- (Lori) Project Homecoming: Anyone who's been in the hospital can receive meals and wellness check for five days [*courtesy of LEAF, correct?*]. Most Meals on Wheels clients don't pay anything.
- (Kim) clinica.org: For \$50, people without health insurance can see a doctor or dentist. South Boulder is probably the closest clinic.

- **Vulnerable population list**

- LEAF needs to get the flyer.
- Meg Waters will update the flyer, then distribute.
- (Lori LeGault) They've sent e-blasts, and people are signing up. When she gets a new name, Lori sends it along to the sheriffs office and fire department, as well as Audrey (at the front desk in town hall).

- **Activities for youth & seniors**

- (Lori) The town has a lot going on for youth this spring and summer. Kids' cooking classes, art classes, mountain bike class.
- (Lori) Senior services are about the same as what they've been. Lunches, trip to the Arvada Center is coming up. They just went to the Denver Art Museum.
- (Lori) Boulder County and Helen Vanderwerken are handling most of the Walt Self lunches. Lori is helping with coordination. Also, a massage therapist comes in once a month.
- (Lori) Questions have been raised about having someone come in to help folks at the senior center with foot care (trim toenails and so forth). Lori also wants someone to come in regularly for blood pressure checks.

- **Housing**

- (Amy) Local Habitat for Humanity is doing its hundredth-home celebration.
- (Amy) The first Habitat duplex at the Valley Bank location should be finished soon.
- (Amy) Summit did get approved for funding from the state housing board.



- **Diversity/inclusion**

- (Kim) The town is working on creating all-gender restrooms. Both bathrooms at the visitors center will become family bathrooms: one stall, one sink, one changing station, with door that locks.
- (Kim) In Laverne Johnson park, the quarry restrooms will stay the same as they are, but restrooms at the back of the park will also become family restrooms. Supplies have been ordered. Work should be completed by May 1.
- (Crystal White) Any future town bathrooms will be family style bathrooms.

- **Goodwill Fund**

- (Lori) New email blast will go out.

- **Lyons Volunteers**

- (Crystal) Lyons Volunteers has a contract with EcoCycle to take the various miscellaneous stuff that gets left at the Lyons recycling center.
- (Crystal) For seniors, Lyons Volunteers can do yard work and deal with noxious weeds on public property. People sign up at lyonsvolunteers.org
- (Crystal) Lyons has achieved a GreenStar certification for waste diversion, thanks to Lyons Volunteers, who've diverted almost 3 tons of scrap metal away from landfills.

Action Items

- (Kim Mitchell) Research "E-Go" car share program.
- (Meg Waters) Update vulnerability list flyer.
- (Town staff) Distribute flyer at town functions—ice rink, concerts.
- (Town staff) Hang flyer around town—grocery stores, coffee shops, churches, Clark's Hardware.
- (??) Contact Jennifer Fisher at Senior Reach: Is she doing home visits in Lyons?
- (Lori LeGault) Send new email blast for Goodwill Fund
- (Meg) Bring a copy of the Get Help Guide to the next meeting.

Next Meeting:

Tuesday, April 9th, 3:30pm-5pm.