

Town of Lyons Human Services and Aging Commission MINUTES Date: Tuesday, February 12, 2019 Time: 3:30-5:00 p.m. Place: Lyons Town Hall Mission: *The mission of the Lyons Human Services and Aging Commission (HSAC), as established in the Lyons Recovery Action Plan, is to provide coordination and communication with various private, non-profit, and county entities in an effort to assess and fill the gaps in human service provision and identify unmet needs in the Lyons and greater Lyons (80540) area.* HSAC members: Commissioners: Emily Dusel (Co-Chair), Amy Reinholds (Co-Chair), Meg Waters (Scribe), Ellen Keane, Crystal White, Andrew Moore [**Vacant seats: 1**] Liaisons: Wendy Miller (Board of Trustees), Lori LeGault (Town staff)

1. Welcome / introductions / roll call and determine who is taking minutes.

In attendance: Keith Carr, David Remmert, Lori LeGault, Pam Barnes, Wendy Miller, Chrystal White, Emily Dusel, Andrew Moore, David Remmert

2. Approve minutes and discuss other action items from previous meeting (10 min) See minutes from Jan. 8, 2018 meeting.

Minutes have not been approved due to lack of # of commissioners.

3. Options for Mental Health Partners in Lyons David Remmert, Longmont Adult Outpatient Services Manager, Mental Health Partners

Jennifer Fisher is the current senior reach contact person. Senior Reach does home visits, up to 12 sessions free of charge. As far as a therapist coming out to Lyons, David is working on it. He is working with his director and vice president to bring someone out to Lyons to provide counseling. David provided therapy once per week at Milestone before it closed. Danielle Dixon (LPC), staff at MHP, is interested in providing the service. David will call over to Stillwater when he gets approval from the vice president. MHP can help people begin applying for SSDI.

4. Next steps for the vulnerable residents list after last months meeting (15 min) What tasks were accomplished by Town Staff (and commissioners) and what is still needed.

We sent the message out on the town eblast. Right away we had 5 new people sign up. Meg has prepared a flyer to utilize for outreach. Keith asked what the coverage area is, and we said that it is aligned with the Lyons fire district boundaries. Emily will share a map of the boundaries of the Fire district. If someone signs up outside of the area, we will ask first responders to pass their info to the appropriate district.

Lori checked in with the town attorney, and he said that the language of the form is ok, and that maintaining the vulnerability list is ok and not too much of a liability. We need to decide if we want eligibility to be listed as anyone in 80540 or not. Once we approve the flyer, town staff will distribute. Meg will write a longer article for Redstone.

5. Update on transportation grant from Boulder County for Lyons (15 min) Toby Russell follows up on possible actions and research discussed at Oct. 29 meeting.

Toby has changed jobs and is no longer working for the Town of Lyons. 6. Goodwill Fund for 2019 (10 min) What tasks have been done and what are still needed. He will be working on the weekends to tie up loose ends and transition a new staff person. He is still getting Town of Lyons email. Ellen will check in with Toby via email.

7. Updates on human services areas (not previously discussed)
(5 min)

- Upcoming events (see list at end of agenda)
- Health & well-being

Keith Carr - will be working for AAA in Lyons on Tuesdays and Fridays at Walt Self for the next few months. There will probably be a staff transition after that. Keith mentioned that AAA can do classes, but they need a minimum # of participants of 8 or 9. For example, in Allenspark, they are doing an 8 week course with the Alzheimer's Association. Wendy asked Keith to email a list of available courses to us so that we can see the options and gauge interest. In March, there is senior day at the Capital. It's all about aging in Colorado. The senior group in Allenspark in planning to go, and perhaps Allenspark and Lyons could coordinate transportation. Keith has been busy with participants every day he is in Lyons. He is helping people

fill out applications (SSDI, Medicare/Medicaid, etc.), helping with basic needs. Office phone 303-823-9016 kcarr@bouldercounty.org

- Transportation – Boulder County Local Coordinating Council for transportation
- Housing - see recent email from the Town of Lyons with the latest updates.
- Youth & senior services - no updates
- Diversity, inclusivity, cultural issues - **Andrew Moore was wondering if Sandstone is up for a bathroom remodel. If so, it is important to include an all gender restroom. Lavern Johnson park also does not have an all gender bathroom. We recommend that we add all bathroom signage to the two bathrooms by the ice rink as well as signage at the main bathrooms to indicate location of the all gender. If there is an opportunity as we remodel and update restrooms, we should include all gender restrooms. We also recommend that we put a diagram at the family restroom at Bohn park so that people know how the locks operate. Lori will share our recommendations with Parks staff.**
- Resiliency & preparedness - **Lori will ask someone from Lyons Prepared to do a presentation around preparedness, how to use a fire extinguisher, etc.**
- Lyons Volunteers - **working on getting another contract with EcoCycle to increase the variety of items that can be accepted at the recycling center to include appliances, etc. Lyons Volunteers has a line item in their budget to support this. They have people willing to help shovel when someone can't do it themselves.**
- Lyons Emergency Assistance Fund - **Emily Dusel is transitioning out of her position as Executive Director by March 21st. LEAF is in the process of hiring. Rebecca Major, the new Mountain Resource Liaison, is doing well serving in the case management role for Lyons and Allenspark residents.**
- Get Help Guide - **no updates**
- Lyons Goodwill Fund - **has been posted in the eblast and is on the Town of Lyons website. Due date is May 31st. ellen recommends making the deadline earlier to April 30th, Lori will update. Wendy, Chrystal, Ellen and Lori will be on the Good Will Fund committee.**

8. Audience business – general questions and answers

(10 min)

- Members of the public can give input on previous conversations and ask questions.

9. Prepare for next meeting (5 min) March 12, 2019 (2nd Tuesday)

- Action items/homework for next meeting
 - **Wendy will check in to see if Toby will still be helping with the possible transportation grant.**
 - **Emily will share a map of the boundaries of the Fire district.**
 - **Ellen recommends making the Goodwill Fund deadline earlier to April 30th, Lori will update.**
 - **David will call over to Stillwater when he gets approval from the vice president.**
 - **We need to decide if we want eligibility to be listed as anyone in 80540 or not. Once we approve the flyer, town staff will distribute.**
 - **Meg will write a longer article for Redstone.**
 - **Lori will share our recommendations of all gender restrooms to Parks staff.**

- Agenda items for next meeting – **Please email to Amy**

Adjournment **4:57 PM**

Upcoming events and resources

• Lyons senior dinners at Walt Self Center: **1st Monday:** The River Community Church, 5:30 pm, Terry 776-5416 **March 4 2nd Monday, alternating months:** Lyons Catholic Community, 5:30 pm, Carol Namsnik 303- 931-4927 **March 11? 3rd Monday:** The Community Church, 5:30 pm, Jayne Little? 823-9220 **Feb. 18**

• Other senior meals: **1st Wednesday** of every month: lunch at Oskar Blues 11:30 am **Every Wednesday and Friday:** Boulder County Aging Services lunches (The Lyons Bistro) at Walt Self community building, 11:30 am, \$3. Call to 303-441-1415 reserve a day in advance. **Every Saturday:** breakfast/brunch at The River Community Church for all ages: Pay what you can. (Transportation provided if you call in advance, 7 am-1 pm,

Norm 303-823-6469, norm@therivercolorado.org)

- Free Legal Clinic, **Feb. 19**, 5:30-7:30 pm. Boulder County hosts rotating free legal clinics. This month it is in Longmont, 910 Longs Peak Ave., at the Longmont Senior Center.

- Boulder County Local Coordinating Council for transportation, 2nd Monday of the month, 2-4 p.m. (**March 11**) MobilityForAll@BoulderCounty.org On odd months (Jan., March, May, July, Sept., Nov) meetings are held at 515 Coffman St., Longmont. On even months (Feb., April, June, Aug., Oct., Dec.) meetings are held at 2525 13th Street, Suite 203, Boulder.